



At CFO, we help individuals overcome barriers to success because we know that a person's past does not define their future. We happily meet people where they are and walk beside them through their journey to achieve the life of their dreams.

We do this with our **Five Pillars of Success**:

- ✓ Basic Needs
- ✓ Peer Support
- ✓ Wellness and Recovery
- ✓ Employment
- ✓ Virtual Support

We invite you to visit our five centers and join our virtual programming to unlock your potential. **At CFO, your future starts now!**

## OUR CENTERS

### **CFO Annandale**

7611 Little River Turnpike, Suite E100  
Annandale, VA 22003  
(571) 378-1962  
Monday - Thursday from 10 a.m. - 4 p.m.

### **CFO Arlington**

3219 Columbia Pike, Suite 101  
Arlington, VA 22204  
(703) 567-1346  
Monday - Friday from 10 a.m. - 2 p.m.

### **CFO Merrifield**

8221 Willow Oaks Corporate Drive  
Suite 1-105  
Fairfax, VA 22031  
(703) 559-3100  
Monday - Friday from 10 a.m. - 4 p.m.

### **CFO Reston**

1850 Cameron Glen Drive, Suite 200  
Reston, VA 20190  
(571) 313-1488  
Monday - Friday from 9 a.m. - 2:30 p.m.

### **CFO South County**

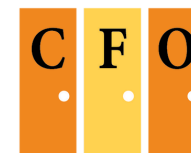
8794 Sacramento Drive, Suites Q-R  
Alexandria, VA 22309  
(703) 341-6890  
Monday and Friday from 3 p.m. - 7 p.m.  
Saturday and Sunday from 12 p.m. - 7 p.m.

**CentersForOpportunity.org**  
**CFO Information Line: (571) 919-8909**



**Virtual  
Services**

## Centers For Opportunity



**Success Waits Behind Every Door**

**Free programs  
to ignite your success!  
No insurance or referrals needed.**



## SUPPORT WHEREVER YOU ARE

Centers For Opportunity (CFO) offers free virtual support groups each week. The programs offer a unique way for individuals to receive peer support while interacting with others in recovery. The groups are held at various times throughout the day.

CFO's groups are informative, healing, inspiring and fun. Join our groups, meet others in your community, and make new friends.

### To join CFO's virtual groups:

Please register to access CFO's virtual groups. To register, visit [centersforopportunity.org/sign-up-for-virtual-programs](https://centersforopportunity.org/sign-up-for-virtual-programs).

You will receive Zoom codes for the meetings in your email inbox.

If you ever have issues signing on, please email us. We are here to help - [virtual@centersforopportunity.org](mailto:virtual@centersforopportunity.org). We look forward to meeting you soon.

## CFO's Current Virtual Programs

**Tranquil Voices:** Peer-led discussions on recovery topics and mutual support. Mondays at 10:30 a.m.

**Becoming your Own Superhero!:** Empowerment tools to promote self-advocacy. Mondays at 7 p.m.

**Achieving Well-Being:** Tactics and strategies to enhance personal well-being. Tuesdays at 10:30 a.m.

**Joy of Discovery:** Develop new interests in recovery. Tuesdays at 7 p.m.

**Affirming Rainbow Peer Circle:** An identity-affirming circle to share strategies and support each other in a safe space Wednesdays at 10:30 a.m.

**CFO Healing Circles:** A nurturing space for deep healing and personal growth. Wednesdays at 7 p.m.

**Creative Expressions:** Channel emotions into art and writing to facilitate emotional healing. Thursdays at 10:30 a.m.

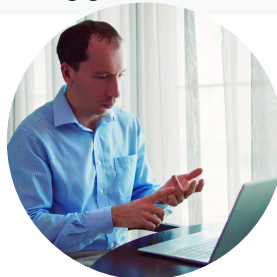
**Pathways to Resilience:** Techniques to stay resilient in daily challenges. Thursdays at 2 p.m.

**A Journey of Strength:** Explore personal strengths and learn from the experiences of others in overcoming life's hardships. Fridays at 10:30 a.m.

**Circle of Wellness:** Connect with peers for trauma-informed support. Fridays at 2 p.m.

**Facing & Overcoming Loneliness - Our Stories:** Overcome barriers to building and maintaining relationships Second and fourth Thursday of the month at 7 p.m.

**ABC's of Recovery:** Share tips and tactics on the road to recovery. Discuss struggles, successes, and dreams. Saturdays at 2 p.m.



\*Always check our website to ensure the group is still meeting at the times listed above. Times may change on occasion. You can also email us with questions: [CentersForOpportunity.org](https://CentersForOpportunity.org) . [virtual@centersforopportunity.org](mailto:virtual@centersforopportunity.org)