



At CFO, we help individuals overcome barriers to success because we know that a person's past does not define their future. We happily meet people where they are and walk beside them through their journey to achieve the life of their dreams.

We do this with our **Five Pillars of Success:**

- ✓ Basic Needs
- ✓ Peer Support
- ✓ Wellness and Recovery
- ✓ Employment
- ✓ Virtual Support

We invite you to visit our centers and to join our virtual programming to unlock your potential. **At CFO, your future starts now!**

### **CFO Arlington**

3219 Columbia Pike, Suite 101  
Arlington, VA 22204  
(703) 567-1346

#### **Hours:**

Monday – Friday from 10 a.m. – 2 p.m.

#### **Directions:**

CFO Arlington is located near the corner of Columbia Pike and Glebe Road. We are in the narrow office building with the barbershop. Enter at street level on the west end of the building to the left of the barbershop and go up one flight of stairs.

There is metered parking on Columbia Pike in front of the center.

You can pay with change or via your credit card.

#### **Using Public Transportation?**

Metro and ART buses have stops within a block of the Center.

Call the ART Customer Service Call Center at (703) 228-RIDE (703-228-7433).

TDD relay service is available by dialing 711.

You can take ART 41, 45 Metro 16A, 16B, 16D, 16E, 16G, 16H, 16J, 16K, 16P, 23A, or 23C to reach us at 3219 Columbia Pike.

See you soon!

**CentersForOpportunity.org**

**CFO Information Line: (571) 919-8909**



## **Centers For Opportunity**



**Success Waits Behind Every Door**

**Free programs  
to ignite your success!  
No insurance or referrals needed.**



## LIFE CHANGING SUPPORT!

Centers For Opportunity (CFO) focuses on empowering adults to achieve their personal and career goals. Our mission is to provide support that helps propel individuals toward those goals. We offer peer mentoring from those who've walked comparable roads, demonstrating that success is attainable with every step. At CFO, success waits behind every door of our five centers and via our virtual programs.

### To join CFO's virtual groups:

CFO offers virtual support groups six days a week. The groups provide a unique opportunity to pursue recovery with others across Arlington and Fairfax Counties using Zoom.us. To join, please register today at:

[centersforopportunity.org/sign-up-for-virtual-programs](https://centersforopportunity.org/sign-up-for-virtual-programs)

If you have issues signing on, email [virtualecentersforopportunity.org](mailto:virtualecentersforopportunity.org). We are happy to help!

## CFO'S FIVE PILLARS OF SUCCESS

### BASIC NEEDS

Since 2011, CFO has focused on meeting the needs of those we serve. We connect individuals to safety net services such as food, medical care, and housing to help stabilize their lives.

### PEER SUPPORT

Recovery is possible at CFO. Our staff, who are also in recovery, provide essential support to those navigating mental health and substance use issues. Peer support fosters lasting change.

### WELLNESS AND RECOVERY

At CFO, we encourage creativity to help individuals navigate what they are facing. We focus on programs such as art-for-wellness, daily journaling, and the importance of self-love.

### EMPLOYMENT

CFO's employment program connects individuals with jobs, promoting financial stability, and personal development in a supportive setting. The program is open to anyone who is unemployed or those seeking new opportunities.

### VIRTUAL SUPPORT

CFO offers weekly virtual support groups for those who are home-bound or who prefer online services. Individuals connect, share experiences, and make new friends.

## CENTER SERVICES

- Assistance with connecting to safety net services such as food, medical and dental benefits, housing, or other Community Services Board (CSB) resources
- One-on-one and peer support groups (offered in-person and virtually)
- Computer Lab available with internet, Wi-Fi, and a printer
- Employment services
- Landline phone access
- Recreational activities such as field trips, holiday parties, and ice cream socials
- Food giveaways
- Assistance securing IDs, restoration of rights, voter registration, crisis support, and much more!

Make an appointment with a CFO Employment Specialist to jump-start your job search. To schedule an appointment, visit our website.

For more information, email us today at

**Employment**  
**@CentersForOpportunity.org**  
or call **(571) 442-4087**.

